

Family Development Resources, Inc.



Nurturing Parenting Program

Three Day Seminar & Facilitator Training

Conducted by

Stephen J. Bavolek, Ph.D.

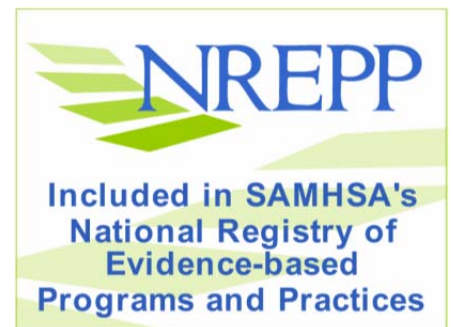
Author of the Nurturing Parenting Programs® and the Adult-Adolescent Parenting Inventory (AAPI-2)

Ann Arbor, Michigan
May 12-14, 2015



In three days, participants will learn:

- the philosophy of Nurturing Parenting;
- the five parenting constructs of abuse/neglect;
- the impact of maltreatment on brain development;
- how to assess high risk parenting beliefs;
- to tailor make programs based on family's needs;
- to gather process evaluation data;
- to evaluate pre-post program impact;
- to implement home, group program models



The Nurturing Parenting Programs meet and exceed the Six Protective Factors identified by the U.S. Government for the prevention and treatment of Child Abuse and Neglect.

Learn how to implement **competency-based** Nurturing Parenting Programs to meet the *specific parenting needs* of families.

Visit us at: nurturingparenting.com

The Nurturing Parenting Programs are proven, evidence-based, family focused programs first implemented in 1985 and recognized by national and state agencies for their effectiveness in preventing and treating child abuse and neglect.

SEMINAR DESCRIPTION

The three day seminar will focus on understanding the philosophy of nurturing parenting, assessing high risk parenting beliefs and environments, creating competency based parenting lessons and programs tailored to meet the individual parenting needs of families, and implementing programs at the primary, secondary and tertiary levels of prevention. Participants will also learn how to monitor the success of families through on-going process evaluation strategies designed to measure the attainment of parenting knowledge and skills.

Participants will experience hands on approach to implementing Home Based, Group Based and a combination Home-Based/Group-Based program models, learn how to administer and score the online versions of the Adult-Adolescent Parenting Inventory (AAPI-2) and the Nurturing Skills Competency Scales (NSCS), and how to select the best Nurturing Program model for your agency.

10 PRINCIPLES OF NURTURING PARENTING

1. Human behavior is multi-dimensional: cognitive; affective and neurological.
2. Our Nature is influenced by positive and negative Nurture experiences.
3. Early childhood experiences literally become the building blocks for life.
4. Positive and negative life events carry both affective and cognitive cellular memories
5. Nurturing instruction is based on psycho-educational and cognitive-behavioral approaches to learning.
6. Nurturing Parenting embraces the theory of re-parenting.
7. Nurturing oneself as a man or woman is critical in becoming a nurturing father and mother.
8. There is a difference between our "being" (who we are) and our "doing" (roles and responsibilities)
9. Self-awareness and acceptance of past events in childhood are critical aspects of empowerment.
10. Adult learning is based on the assumptions of andragogy: adult's need to know, self-concept, experience, orientation to learning, readiness to learn and motivation to learn.

Since 1985, over one million families have participated in the Nurturing Parenting Programs worldwide.

Seminar & Workshop Details

Register Online at <http://nurturingparenting.com/seminar.i> Use Code AMI

- Dates: May 12-14, 2015 *Registration Deadline: May 1, 2015*
- Cost: \$300 per registration (*\$280 groups of 5 or more*)
- Location: Catholic Social Services of Washtenaw County
4925 Packard Avenue
Ann Arbor, MI 48108-1521
Local number: 734-971-9781
- Times: 8:30 to 9:00 Sign-in (first day only)
9:00 to 4:00 training with one hour break for lunch (on your own)
- Sponsors: Catholic Social Services of Washtenaw County
Family Development Resources, Inc. and Family Nurturing Centers, Inc.

Each workshop participant will receive a **Facilitator Training Workbook**, additional **Workshop Training Handouts**, a **Lesson Outline and Program Schedule**, a summary document of **Multicultural Parenting Beliefs and Practices**, a **10% Discount Coupon** on the purchase of materials, and a **Marketing CD** to help promote the program in your community. Each participant also receives a **Certificate** acknowledging Facilitator Training in the Nurturing Programs.



About Stephen J. Bavolek, Ph.D.

Dr. Bavolek is the principal author of the Nurturing Parenting Programs, the Adult-Adolescent Parenting Inventory (AAPI-2) and the Nurturing Skills Competency Scales (NSCS). He is also Executive Director of the Family Nurturing Centers, Inc. Born and raised in Chicago, he has spent his professional career spanning 40 years working with children and teens identified with a wide range of behavioral/emotional disorders, and families experiencing dysfunctional parent-child interactions, including child abuse and neglect.

Dr. Bavolek received his Ph.D. in 1978 from Utah State and developed the Adolescent Parenting Inventory as his doctoral dissertation. He completed a post-doctoral internship in 1978 at the Kempe Center in Denver Colorado working with abused children and abusive/neglecting parents. In 1983 he began work on the development and validation of the Nurturing Parenting Program through a grant from the National Institute of Mental Health while an Associate Professor at the University of Wisconsin-Eau Claire. The Nurturing Parenting programs were first published in 1985 as the first validated, family-based parenting program targeted specifically for families experiencing child abuse and neglect. He has received numerous awards, conducted over 1,000 workshops, and authored parenting programs, DVDs and educational games. For a complete review of Dr. Bavolek's resume, go to nurturingparenting.com.

About Family Development Resources, Inc. and Family Nurturing Centers, Inc.

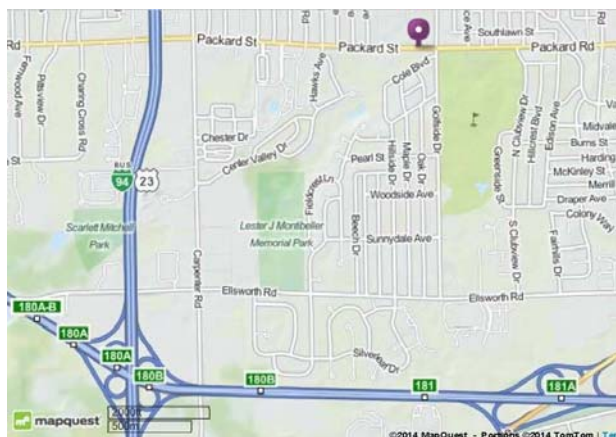
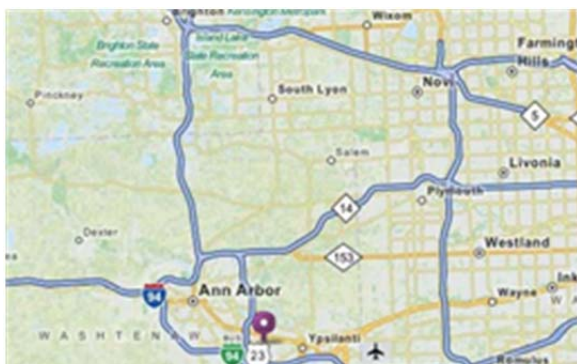
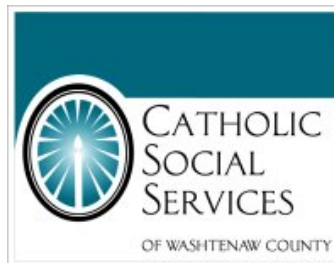
Incorporated in 1983, Family Development Resources, Inc. (FDR) was established by Stephen Bavolek for the expressed purpose of developing, validating, and distributing parenting programs, videos, and assessment tools to build nurturing parenting skills in families and consequently, prevent and treat child abuse and neglect. Family Nurturing Centers, Inc. was established to provide training and consulting in the Nurturing Parenting Programs. For more information on Nurturing Parenting workshops and trainings, research, and our online catalog, visit: www.nurturingparenting.com.

Nurturing Parenting Program Seminar & Facilitator Training May 12-14, 2015 in Ann Arbor, Michigan

with Stephen J. Bavolek, Ph.D., Principal Author of the Nurturing Parenting Programs®

Sponsor and Training Location:

Catholic Social Services of Washtenaw County
4925 Packard Avenue
Ann Arbor, MI 48108-1521
Local number: 734-971-9781



Local Hotel Options:

Red Roof Inn Ann Arbor - University of Michigan South
S State St Ann Arbor MI 1-855-873-6562

Microtel Inn & Suites by Wyndham Ann Arbor
Plymouth Rd Ann Arbor MI 1-866-599-6674

Days Inn Ann Arbor
Carpenter Road US 23 & Washtenaw Ave Ann Arbor MI 1-855-799-6859

Comfort Inn and Suites Ann Arbor
Carpenter Rd. Ann Arbor MI 1-855-809-3508

A Victory Inn & Suites - Ann Arbor
Washtenaw Ave Ann Arbor MI 1-866-599-6674